# Behaviour Patient Document Template

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| BEHAVIOUR OBSERVATION CHECKLIST |
| 1. EMOTIONAL DISTRESS:  1a.Fearfulness 1b. Sadness 1c. Tension 1d. Despair 1e. Mental Anguish |
| 2. WITHDRAWAL  2a. Inaction 2b. Isolation 2c. Seclusiveness 2d. Absence of social interaction 2e. Passivity 2f. Avoidance behaviours 2g. Reduced or quiet speech 2h. Markedly decreased interest in things |
| **3. DISINHIBITION**  3a. Excessive sociability 3b. Impulsiveness 3c. Intrusiveness 3d. Demandingness 3e. Disinhibition 3f. Sexual/aggressive impulses 3g. Increased or loud speech 3h. Markedly increased interest in things |
| 4. PSYCHOSIS  4a. Delusions 4b. Hallucinations 4c. Thought disorder 4d. Markedly disorganised behaviour |
| **5. COGNITIVE IMPAIRMENT**  5a. Clouded consciousness (reduced awareness of surroundings, reduced alertness) 5b. Disorientation 5c. Poor memory 5d. Inattentiveness 5e. Forgetfulness 5f. Perplexity. |

**\*Description: This is a checklist for nurses to monitor acute psychiatric inpatient mental status every 15 minutes.**